-- NoDak Pharmacy -- Journal

Volume 38, No. 2 April 2023



NDPhA Board of Directors

NDPhA Board Chairman *Jeff Jacobson, PharmD*

2301 34 1/2 Ave S Fargo, ND 58104 jeffdjacobson1@gmail.com

NDPhA President

Randy Habeck, PharmD Hillsboro Drug (701) 636-5231 hillsdrug@hotmail.com

NDPhA President Elect Jamie (Vander Vorste) Nelson, PharmD

3026 Montana Dr. Bismarck, ND 58503 jamievandervorste@gmail.com

NDPhA Vice President *Amy Werremeyer, PharmD*

NDSU 701-231-7603 Amv.werremeyer@ndsu.edu

District 1 Officer

Chantal Helde, PharmD 5537 124th Ave Nw Epping, ND 58843 cvance9@hotmail.com

District 2 OfficerCarolyn Bodell, RPh

Trinity Hospital Pharmacy Minot ND 58701 (701) 838-2933 jbodell@min.midco.net

District 3 Officer

Megan Hursman, PharmD 805 3RD Street Langdon, ND 58249 (701) 256-3330 Megan.J.Lutman@gmail.com

District 4 Officer

Tim Carlson, RPh 3825 Clearview Cir Grand Forks, ND 58201 (701) 795-3498 tcarlson@thriftywhite.com

District 5 Officer

Dan Duletski, PharmD ND Pharmacy Dickinson, ND (701) 225-4434 Daniel.Duletski@gmail.com

District 6 Officer

Pat Brunelle, RPh 7500 Moonstone Lane Bismarck, ND 58503 (701) 224-9521 Pat@gatewaypharmacy.com

District 7 Officer *VACANT*

District 8 Officer *Elizabeth Skoy, PharmD*

NDSU School of Pharmacy Thrifty White Fargo ND (701) 231-5669 Elizabeth.Skov@ndsu.edu

NAPT President

Adelle Casavant 701-388-0511 acasavant5@gmail.com

EXOFFICIOS

Executive Vice President

Michael Schwab NDPhA 1641 Capitol Way Bismarck ND 58501 (701) 258-4968

NDSCS Pharmacy Tech Program

Melissa Krava – Director, RPhTech NDSCS Pharmacy Tech Department 800 N 6 St Wahpeton ND 58076 (701) 671-2114 Melissa krava@ndscs.edu

NDPSC President

Steve Boehning, RPh Linson Pharmacy 4717 11th St. W West Fargo ND 58078 (701) 541-5702 sboehning@ideaone.ne

BOP Executive Director Mark Hardy, PharmD

ND State Board of Pharmacy 1906 E Broadway Ave PO Box 1354 Bismarck ND 58501 (701) 328-9535 MHardy@ndboard.pharmacy

NDSU College of Health Professions

School of Pharmacy *Charles Peterson, PharmD, FASHP*PO Box 6050 Dept 2650
Fargo ND 58108-6050

Charles.Peterson@ndsu.edu

NDSHP President

Elizabeth Monson Elizabeth.monson@ndsu.edu



Table of Contents

2023 Calendar

NDPhA President's Message			. 4
ND Board of Pharmacy			. 5
NoDak Pharmacy Convention Agenda			. 6
NoDak Pharmacy Convention Registration Form .			. 7
Student Auction Donation Form			. 8
BCBS/HealthMart Ad			. 9
PAAS Article		10-	11
NAPT Chairperson Message			12
Pharmacists Mutual Ad			13
IPC Ad			14
Student Rotation Article – Rebecca Aubart			15
Student Rotation Article — Ellie Ottensmeyer			16
NDSU School of Pharmacy	. :	17-	20
TRC Healthcare Ad			21
2022 Recipients of the Bowl of Hygeia Award2023			22
Membership Dues			23

APRIL:

April 11: NDSHP April Education Meeting - Virtual

April 20-22: . .Annual NoDak Pharmacy Convention
– Minot, ND

April 22-25: . .NACDS Annual Meeting – Palm Beach, FL

April 25: NDSHP Acute Care Pharmacy Networking Meeting – Virtual

April 26-27: . . NCPA Congressional Pharmacy Fly-In
– Alexandria, VA

MAY:

May 4:.......Charles Peterson Retirement – 3:00-5:00 pm – NDSU Alumni Center

May 12:......NDSU PharmD Hooding Ceremony –
10:00 am – NDSU Festival
Concert Hall

May 13:......NDSU Commencement – 2:00 pm - FargoDome

May 9:......NDSHP Journal Club Meeting – Virtual

May 23:NDSHP Networking Metting - Virtual

A SPECIAL THANK YOU TO OUR SPONSORS





















NDPhA JOURNAL SUBMISSION POLICY

The ND Pharmacists Association is pleased to accept submissions for the Journal. Submissions should be reasonable in length due to space considerations. In order to ensure the quality of our publication, editing for grammar, spelling, punctuation and content may occur. Articles, photos, and advertising should be submitted in electronic form.

To submit, please email NDPhA at: mschwab@nodakpharmacy.net

The deadline for the Next Issue is: JUNE 9TH, 2023

454.6 % 194. 704.050 4050

1641 Capitol Way • 701-258-4968 www.nodakpharmacy.net • mschwab@nodakpharmacy.net

Advertising Contact Information

Amanda Miller - amiller@unitedprinting.com United Printing • 701-223-0505

NDPhA Membership 1,276
Journal Circulation 1,300

Journal is published five times a year by United Printing. All rights reserved. Information contained within may not be reprinted wholly or in part without the written consent of the publisher.

NDPhA President's Message

Greetings to all,

The 138th Annual Nodak Pharmacy Convention is set for April 20-22nd in Minot. I hope everyone considers attending this important event. Take the time to meet with colleagues, learn something new and take a breather from your day to day routine. I promise you won't be disappointed if you attend.

An agenda for the convention is provided at www. nodakpharmacy.net. Among the social activities provided, one can also pick up 12 hours of continuing education. It is a great opportunity to learn something new and to network with colleagues. If you have never been to a convention, please consider coming this year. It is always a great way to spend a weekend. I know I always come away refreshed and impressed with my ND pharmacy colleagues.

I hope everyone that registers will consider sponsoring an NDSU student. The students will be presenting posters and be around for Saturday and Saturday nights activities. These bright young minds are the future of ND pharmacy and they bring some youthful enthusiasm to the event. Thanks in advance to anyone who chooses to sponsor a student.

I look forward to seeing old friends and making new friends In Minot. I hope we all can make it to support the group of pharmacists from Minot and the surrounding areas that have put the convention together. See you in a few weeks.

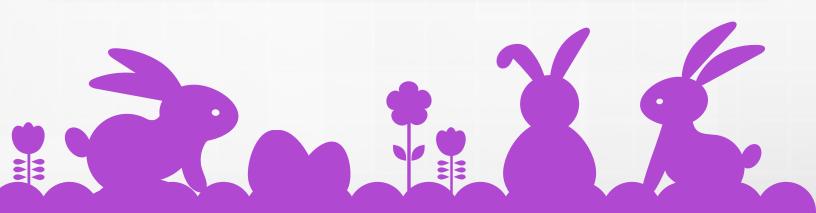
Randy Habeck, Pharm.D.



No Dak Pharmacy Convention

The 138th Annual NoDak Pharmacy Convention will be April 20-22, 2023 in Minot, ND at the Sleep Inn. For room reservations, call the hotel directly at 701-837-3100 and reference the "ND Pharmacy Convention". Agenda, registration form, and student auction donation form can be found on pages 5-7.

Make sure to register for the early bird rate while you can!



ND Board of Pharmacy

North Dakota Board of Pharmacy..... May I Help You?

By Mark Hardy, PharmD – Executive Director

The Board is embarking on an uncharted course and that is to replace the rock of our operations. Eileen Heidrich, the Board's Executive Assistant, who has announced her retirement

Eileen Heidrich has been a mainstay for the profession of pharmacy in North Dakota. Through the Executive Directors employed by the Board of Pharmacy, including Al Doerr, William Grosz, Howard Anderson, Jr and now myself, Eileen Heidrich has faithfully dedicated her talents to the mission of the Board. Eileen has served the Board for over 43 years! Her attention to detail and committment to her duties has afforded the outstanding service that the profession and the public have been accustomed to receiving.

Eileen was born and raised in Bismarck. Eileen is married to her husband, Harry, of nearly 50 years. Together they have 2 daughter, Andrea and Bonnie. Eileen has been blessed with four grandchildren, to which are her treasures.

We are all familiar with Eileen's consistent greeting when calling the Board office. You should also know the consistent wonderful job she did to uphold the mission of the Board of Pharmacy. Behind the service of the Board members and its Executive Directors for nearly 4 decades stands one individual whose dedicated service is so critical to the Board of Pharmacy and that is Eileen.

Consistent to her tenure, she will work to ensure a smooth transition to our new Executive Assistant, Bonnie Balkowitsch. Bonnie is a very talented individual which we know will be a wonderful replacement for a legendary figure in the profession, Eileen!

Feel free to extend your well wishes and congratulations to Eileen on a long and enjoyable retirement.

I look forward to seeing everyone in Minot at the convention!

we know insurance can be complicated. luckily, we're experts.

simple human sense







Sheila Welle CIC, LUTCP, LTCP sheila@superior.agency (701) 361-1067



LIFE • HOME • CAR • BUSINESS

NoDak Pharmacy Convention Agenda

DATE/TIME	TITLE	PRESENTER	ACPE CODES	CEU		
THURSDAY A	PRIL 20, 2023					
6:00 PM - 9:00 PM	Registration					
6:00 PM - 10:00 PM	ONE Program Welcome Social					
FRIDAY APRI	L 21, 2023					
7:00 AM – 6:00 PM	Registration					
7:00 AM - 8:00 AM	Breakfast					
7:30 AM – 8:30 AM	Psychotropic Pharmacology in a 21st Century Behavioral Health Epidemic	Michael Rayel, M.D.		0.1		
8:30 AM - 9:30 AM	Navigating DSCSA	Josh Bolin		0.1		
9:30 AM - 9:45 AM	Break					
9:45 AM – 10:45 AM	Updates in Acute Stroke Management. The increasing role of tenecteplase and the important role of chronic medication management.	Mike Peterson Jerilyn Alexander		0.1		
10:45 AM - 11:45 AM	DEA Update	Erin Payne	40	0.1		
11:45 AM - 1:30 PM	Vendor Fair					
12:00 PM - 1:00 PM	Lunch					
1:00 PM - 2:00 PM	Emerging Treatment of Macular Degeneration and other Eye Disorders	Darren Hill, M.D.		0.1		
2:00 PM - 3:00 PM	Lifestyle Medicine	Stefanie Meyer		0.1		
3:00 PM - 4:00 PM	Vaccine Update	Lynde Monson		0.1		
3:30 PM - 4:00 PM	Ice Cream Social					
4:00 PM - 5:30 PM	NDPhA First Business Meeting					
5:30 PM - 6:00 PM	Social					
6:00 PM - 8:00 PM	Memorial Service & President Elect Awards Banquet					
8:00 PM onward	Social & Entertainment					
SATURDAY A	PRIL 22, 2023					
7:00 AM - 6:00 PM	Registration					
7:00 AM - 8:00 AM	Breakfast					
7:30 AM - 8:30 AM	Recovery Reinvented	Jonathan Holth		0.1		
8:30 AM – 9:30 AM	Women In Leadership	Allison Hursman, Elizabeth Monson		0.1		
9:30 AM – 10:30 AM	NDPhA Second Business Meeting					
10:30 AM - 11:30 AM	Increasing Trends in Illicit Drug Use	Craig Sandusky		0.1		
11:30 PM - 1:00 PM	NDPhA/NDSHP/NAPT Lunch Meetings					
1:00 PM - 2:00 PM	NAPT Update	Diane Halvorson		0.1		
2:00 PM - 3:00 PM	Medicaid Update	Brendan Joyce		0.1		
3:00 PM - 5:00 PM	Student/Resident/Professional Posters			0.1		
4:45 PM - 5:30 PM	Phun Run/Walk – Sponsored by Superior Insurance					
5:30 PM - 6:30 PM	Banquet Social					
6:00 PM - 6:30 PM	Past President's Social					
6:30 PM - 8:30 PM	President's Banquet & Awards Ceremony with Live Auction to	follow (Silent Auction cl	oses at 8:00 PM)			

NoDak Pharmacy Convention Registration Form









NORTH DAKOTA ANNUAL PHARMACY CONVENTION REGISTRATION FORM

(ONE PERSON PER FORM)

April 20-22nd, 2023 at the Sleep Inn, 2400 10th st. SW, Minot, ND 58703 - Ph: 701-837-3100 (A BLOCK OF ROOMS HAS BEEN RESERVED UNDER 2023 PHARMACISTS CONVENTION)

NAME:		GUEST/SPOUSE NAME:						
IAILING ADDRESS:			CITY/STATE:		ZIP C	ODE:		
PHONE:	overtion & Dev	. Da nietwatie w	Maala aya iya	EMAIL ADDRESS:		u will be attende	dia a la al avv	
Entire Cor	ivention & Day	& Day Registration - Meals are included - please mark meals Before April 7th				After April 7th		
		Member	Non-I	Member	Member	Nor	n-Member	
Pharmad	cist	\$200	\$:	350	\$250		\$400	
Technici	an	\$100	\$:	150	\$125		\$175	
Studer	nt	\$50		- \$			-	
Included in Registration Friday	Breakfast	Lunch	Banquet	Guest Meals Friday Saturday	Breakfast (\$15 Each)	Lunch (\$20 Each)	Banque (\$40)	
Please note any special meal considerations or accommodations, call 701-258-4968				TION TOTAL				
Please mark if y	you plan on att	ending the we	lcome reception	on. TYES	□ NO			
CREDIT CARD NUMBER:		EXPIRATION DATE	:	CVV (3 I	DIGIT CODE)			
NAME ON CARD			BILLING ADDRESS, CITY, STATE, ZIP CODE					

Student Auction Donation Form

STUDENT AUCTION DONATION FORM

PLEASE EMAIL TO JJOHNSON@NODAKPHARMACY.NET OR PRINT INFORMATION BELOW & RETURN TO:

PhAC AUCTION, NDPhA, 1641 Capitol Way, Bismarck, ND 58501-2195 Fax: 701-258-9312 • Ph: 701-258-4968 • Email: jjohnson@nodakpharmacy.net

If you have items that you would like to donate to the live or online silent auction, please photograph each item separately and e-mail the information requested to jjohnson@nodakpharmacy.net for addition to the auction website.

Please send in all item info by April 10th, 2023.

Early submission of items (photograph and descriptions) is **STRONGLY ENCOURAGED** and appreciated. The online silent auction will be open April 14th, one week prior to the start of the convention, and will close on April 22nd at 8:00PM. More info on how to access the online silent auction will be coming soon.

A live auction will follow the President's Banquet and Awards Ceremony on Saturday night.

DONOR NAME	
ITEM TITLE	
ITEM DESCRIPTION	
RETAIL VALUE	
LOCATION OF ITEM (for deliver arrangements following convention):	

Please fill out the information above separately for each item

ITEM PHOTOGRAPHS (multiple pictures are encouraged)

Please contact Jesse at jjohnson@nodakpharmacy.net or call 701- 258-4968 if you have any questions about the auction or the submission of donations.

Thank you for your continued support and participation! We look forward to another outstanding auction!!

WORKING TOGETHER FOR A HEALTHIER NORTH DAKOTA.

YOU HAVE A PARTNER IN BLUE.

We value our partnership with care providers statewide as we work together to advance the well-being of North Dakotans.

Blue Cross Blue Shield of North Dakota is an independent licensee of the Blue Cross Blue Shield Association



BCBSND.com



Health Mart is proud to support North Dakota Pharmacists Association

Health Mart® celebrates your independence. We're committed to providing the solutions and support that enable you to grow your business, your way. Learn how you can benefit from our best-in-class pharmacy services, together with the strength of McKesson's distribution network.

855.458.4678 | join.healthmart.com



Discount/Cash Cards are Disruptors in the Industry

On February 25, 2023, PAAS National, had the privilege of participating in a Panel Discussion entitled Marketplace Prescription Dynamics Sure to Shape Your Business Strategies at NCPA Multiple Locations Conference. While traversing several different topic areas, one of the core issues important to community pharmacies is discount/cash cards.

IQVIA published a white paper entitled Pharmacy Discount Card Utilization and Impact¹ in August of 2022 with several interesting findings. Among them, discount card utilization has grown to 5.4% of all pharmacy adjudications in 2021, a 63% increase over 2017 - of which "Not So GoodRx" now represents 46%. Only 9% of discount card transactions are for branded products. For Medicare patients, nearly 1 in 5 (19%) used a discount card. Commercial patients were 12%, but that doubled to 24% for those with an observed deductible. Cash paying patients represented 56% of all patients, and 52% of transactions.

While the discount card growth has been remarkable, what makes them disruptors in the industry has been their impact on the traditional PBM model. Discount cards have been effective at undermining the perceived benefit that PBMs are supposed to provide (i.e., why is GoodRx able to offer a better price on my prescriptions than my insurance). Additionally, patients' out of pocket costs are typically not captured when they use discount cards unless a patient is going to submit claims on their own (in addition to gaps in adherence metrics and other quality measures). In response, Express Scripts announced² a partnership with GoodRx to include a "lesser of" logic when

processing prescription claims through their Price Assure program. Not to be outdone, OptumRx launched Price Edge³ which will review direct-to-consumer prescription drug prices and offer members the lowest available price. Comically, OptumRx said they currently offer the best price to their members about 90% of the time, meaning 10% of the time patients are getting a raw deal. Both of these programs are automatically including these drug purchases into member's deductibles going forward.

Pharmacies know⁴ that discount cards are really just another form of spread pricing, benefiting the discount card provider and PBM. GoodRx reports that it earns 15% of the patient's total retail prescription cost, and that doesn't include a fee for the PBM processor. Interestingly, GoodRx had disclosed that Kroger had accounted for only 5% of participating pharmacies, but nearly 25% of prescription transaction revenue. How could it have been that high? As a chain, Kroger was more likely dutiful in their utilization and/or promotion of GoodRx for patients. Most independents despise GoodRx and will create work arounds to avoid utilizing the card (e.g., with aggressive cash pricing or pricematching). Pharmacies should always be careful not to jeopardize their usual and customary. With the integration from these new programs by the PBMs, bypassing discount cards will likely no longer be an option for insured patients. The impact on BER, GER and even DIR fees for 2023, and beyond, are not clear.

Speaking of jeopardizing your Usual & Customary pricing, Amazon's RxPass⁵ should be a flop. If you haven't heard or read about it, Amazon is offering their



PAAS Article (Continued)

Prime members "eligible medications for one flat, low monthly fee of \$5, and have them delivered free of charge". Patients with Medicare, Medicaid, or located in one of the seven states they exclude are not eligible to participate. The broader question is how long it will take the DOJ and HHS-OIG to enforce the U&C issue that has already played out with Walgreens (and many others). PAAS previously illuminated the \$60 million

settlement with the Prescription Savings Club in the March 2019 PAAS Newsline: AVOID "Discount Clubs" for Cash Patients⁶. That same DOJ announcement⁷ also discussed the infamous Insulin Pen Box Settlement for \$200 million. Amazon clearly missed this settlement, as the PillPack subsidiary paid a \$5.79 million settlement⁸ in May 2022 for the same insulin pen dispensing practices.

PAAS National® is committed to serving community pharmacies and helping keep hard-earned money where it belongs. Contact PAAS today at (608) 873-1342 or info@paasnational.com to see why PAAS Audit Assistance membership might be right for you.

By Trenton Thiede, PharmD, MBA, President at PAAS National®, expert third party audit assistance and FWA/HIPAA compliance.

Copyright © 2023 PAAS National, LLC. Unauthorized use or distribution prohibited. All use subject to terms at https://paasnational.com/terms-of-use/.

References:

- 1. https://www.iqvia.com/locations/united-states/library/white-papers/pharmacy-discount-card-utilization-and-impact
- 2. https://www.evernorth.com/articles/increased-pharmacy-savings-and-affordable-prescription-medication
- 3. https://www.optum.com/about-us/news/page.hub.optumrx-price-edge-for-best-prescription-price.html
- 4. https://www.drugchannels.net/2022/05/the-goodrx-kroger-blowup-spread-pricing.html
- 5. https://pharmacy.amazon.com/rxpass
- 6. https://portal.paasnational.com/Paas/Newsletter/Go/553
- 7. https://www.justice.gov/usao-sdny/pr/manhattan-us-attorney-announces-2692-million-recovery-walgreens-two-civil-healthcare
- 8. https://www.justice.gov/usao-sdny/pr/us-attorney-announces-settlement-fraud-lawsuit-against-online-pharmacy-overdispensing



NAPT Chairperson Message

Chairperson Message

As we near the end of another year for the NAPT Executive Board, I want express my gratitude to the pharmacy technicians who serve on the NAPT Executive Board. Thank you for your time and commitment to the pharmacy technician profession. It has been a pleasure to work with you.

In this issue of the NoDak, you will find information for upcoming events from the NAPT Executive Board to North Dakota Pharmacy Technicians and Pharmacists.

- * Join us in Minot, ND for the NDPhA Convention to be held April 20 22, 2023. NAPT awards will be presented and the new Executive Board will be installed at the convention. Also, be sure to stop by and check out the NAPT Poster Presentation.
- * NAPT General Membership Meeting will be on April 22, 2023 at the NDPhA Convention from 11:30am 1:00pm at the Sleep Inn in Minot, ND.
- * SAVE the DATE for the 2023 NAPT Fall Conference! Celebrating 30 years of networking and CE!
- * Please continue to watch for emails from NAPT. Add nodakpharmacy@wildapricot.org or jjohnson@ nodakpharmacy.net to your safe sender list. This is how the NAPT Executive Board communicates with you.

Mandy (Amanda) Chase, RPhTech, CPhT

NAPT Chairperson

Sincerely,



2023 NAPT Fall Conference

September 22nd - 23rd, 2023 at the Holday Inn in Fargo, ND

ANNOUNCEMENT! NAPT General Membership Meeting

The NAPT General Membership Meeting will be held during the 2023 NDPhA Convention on April 22, 2023 from 11:30am until 1:00pm at the Sleep Inn, Minot ND



received a \$3,000 scholarship.

Cameron Buss University of Mississippi Caitlin Rohrbaugh University of Iowa

Andrew Smith Auburn University

Alexandria Ocker Binghamton University

Destiny Rogers Samford University

Caroline Eason Univ. of North Carolina at Chapel Hill

Casey Hourigan Univ. of the Incarnate Word

Diana Ghanimah Medical College of Wisconsin

Katelyn Sutton Duquesne University

Gunjan Patel University of Illinois at Chicago

Haley Weaver Harding University

Jackson Beach Southwestern Oklahoma State Univ.

Lauren Williams University of Kentucky

Mohit Kumar University of Georgia

Moriah Willis University of Oklahoma

Makenna Rose Southwestern Oklahoma State Univ.

Olukemi Omotola University of Charleston

Ngozi Ihemeson University of Illinois at Chicago

Olivia Hanna Nova Southeastern University

Rui Hua Zheng Northeastern University

Pharmacists Mutual is proud to support pharmacy students interested in serving in an independent or small chain community pharmacy or an underserved geographic or cultural community.

2024 **SCHOLARSHIP**

Oct. 1, 2023 - Dec. 1, 2023 phmic.com/scholarship





Pharmacists Mutual Insurance Company Algona, Iowa *phmic.com*

Refer & Earn \$1,000 Bonus!

Invite other independents to join IPC and earn \$1000 for each referral!

How it Works

- Refer a pharmacy
- ✓ They join IPC
- You earn \$1,000!

REFER & EARN



offer.ipcrx.com/referral



For 40 years, IPC has been committed to community pharmacy. By committing to the Cooperative, you're investing in yourself.

- Nation's Largest GPO
- 100% Profit & Rebates Return
- Advocate for Community Pharmacy

www.ipcrx.com

NDSU School of Pharmacy

CAP Center Projects Help Advance Pharmacy & Patient Care

By Allison Hursman, PharmD, BCGP, Assistant Professor of Pharmacy Practice, NDSU School of Pharmacy

Projects underway in the Center for Collaboration and Advancement in Pharmacy (CAP Center) in the NDSU School of Pharmacy continue to help enhance patient care and highlight the role of pharmacists in healthcare. Here's an update on progress thusfar.

PHARMACY VAXCHAMPS

Pharmacies continue to lead efforts in providing immunizations to patients. Pharmacy technicians play a key role in this process in the community pharmacy setting. A pilot project, supported by North Dakota Department of Health and Human Services and the CAP Center, was started with six pharmacies in 2022. Each pharmacy selected a lead pharmacy technician to become the vaccine champion, the VaxChamp of the pharmacy. The technician provides five focused hours per week allocated to vaccine related efforts, such as screening patients, running reports, contacting patients, administering vaccines, coaching calls, and vaccine storage and handling process.

Technicians received training and workflow documents for their pharmacy, tips for working with NDIIS, and follow-up coaching calls with Dr. Allison Hursman. Sustainability of pharmacy technician vaccine champions and providing focused time toward increasing immunization rates will be achieved through third-party reimbursement, as well as improving population health for our patients in North Dakota. If your pharmacy is interested in starting an immunization practice, contact NDSU.CAPCenter@ndsu.edu for ideas or contact CAP if you're ready to introduce this into your community.

PHARMACY SERVICE ENHANCEMENT PROJECT

As of January 2022, pharmacists in North Dakota are authorized to provide tobacco cessation services and prescribe medications for tobacco cessation. Although the law allows this service, few pharmacies have started providing this for patients. The Pharmacy Service Enhancement Project (PSEP) will provide training and implementation of tobacco cessation services to ten pilot pharmacies in North Dakota.

An in-person workshop with training helps each site prepare to implement this service to patients. The workshop will include training on process, billing, documentation, and marketing for each pharmacy in the pilot. The project follows the CAP Center principles of education and training, programs and implementation, coaching and support, and data and outcomes.

Once this project is up and running in the second quarter of 2023, the future goals will be to utilize lessons of this pilot to continue to spread services to pharmacies in North Dakota. If tobacco cessation services sound like something you'd like to provide for your patients, contact us at NDSU.CAPCenter@ndsu.edu



Dr. Allison Hursman, NDSU School of Pharmacy, serves as principal investigator for the CAP Center VAXChamps project.



Dr. Brody Maack, NDSU School ofPharmacy, serves as principal investigator for the Tobacco Cessation Pharmacy Service Enhancement project.



Dr. LaNell Hagen, pharmacist at The Medicine Shoppe, directs this pilot to show the role of pharmacy technicians to improve medication adherence.

NDSU School of Pharmacy (Cont.)

COMBATING PRESCRIPTION ABANDONMENT IN HYPERTENSION, DIABETES AND DYSLIPIDEMIA

The Medicine Shoppe Pharmacies in the Fargo-Moorhead area have noted that a way to improve overall patient health is to focus on prescription abandonment. Patients stop taking prescriptions for a variety of reasons and may not notify their provider that they have stopped taking a prescribed medication.

The goal of this pilot is to assess the effectiveness of pharmacy technicians in providing adherence calls to decrease abandonment in a select patient group. These include medications for diabetes, dyslipidemia and hypertension.

Pharmacy technicians provide follow up calls about newly prescribed medications at specific intervals to follow up on medication adherence and provide an opportunity for further pharmacist counseling.

The pilot, supported by the North Dakota Department of Health and Human services, allowed technology built into the pharmacy monitoring system, training, toolkits, support and data analysis for the project.

At the end of the pilot, the goal is to show that pharmacy technicians can improve medication adherence for patients in a community pharmacy. If you think this would benefit patients that visit your pharmacy, contact NDSU.CAPCenter@ndsu.edu for information.



Dr. Ross Wilhelm, pharmacist at The Medicine Shoppe, assists with this pilot regarding medication adherence.





NDSU School of Pharmacy

Research Collaboration Takes Aim At Hard-To-Target Cancers

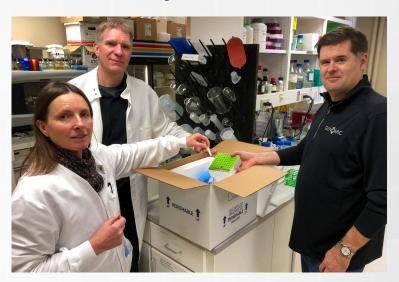
By Carol Renner, Office of the Dean, Marketing/Communication Lead, NDSU College of Health Professions

RAGE proteins contribute to cancer, diabetes, and other diseases, and research by Dr. Estelle Leclerc and Dr. Stefan Vetter in the NDSU Pharmaceutical Sciences Department targets anti-RAGE antibodies, with a goal to create new treatments for diseases.

The Receptor for Advanced Glycation Endproducts (RAGE) is an immunoglobulin-like receptor involved in cancer. In several mouse models of human pathologies or diseases, antibodies against RAGE have shown promising results.

Genovac, a Fargo-based contract research and manufacturing organization that discovers, develops, and manufactures antibodies for therapeutic, diagnostic, and research market segments, and North Dakota State University announced a new research collaboration.

The primary objective for the collaboration is to advance the development of novel drugs and therapeutics to address the world's most challenging diseases by enabling access to the world-class immunization and single B cell technologies.



Research by Dr. Estelle Leclerc and Dr. Stefan Vetter in the NDSU Pharmaceutical Sciences Department targets RAGE proteins that contribute to cancer, diabetes and other diseases. A public-private research collaboration between NDSU and Genovac endeavors to create anti-RAGE antibodies for rapid clinical testing and therapeutic product development. Pictured I-r are Dr. Estelle Leclerc, Dr. Stefan Vetter, and Pete Leland, VP, Genovac.

Researchers Dr. Estelle Leclerc and Dr. Stefan Vetter in the NDSU Pharmaceutical Sciences Department have extensive experience studying activation and signaling of the receptor for advanced glycation end-products (RAGE), which has been linked to diabetes, Alzheimer's disease, multiple types of cancer, and COVID-19. Specifically, the public-private collaboration with Genovac will explore potential therapeutic uses of RAGE-specific antibodies, with an initial focus on melanoma and pancreatic cancer.

"We are working to discover high-quality antibodies for rapid clinical testing and therapeutic product development," Leclerc said.

Under the research agreement, Leclerc and Vetter will perform preclinical evaluation and characterization of Genovacgenerated antibodies by way of biophysical characterization and cell-based evaluation (inhibition of RAGE function in cells). Genovac will use its advanced genetic immunization technologies and the Beacon® Optofluidic System from Berkeley Lights to discover high-quality, high-affinity, RAGE-specific antibodies, while providing additional functional characterization and production at its laboratories in the NDSU Research and Technology Park.

"Working with this type of research and technology provides students in our lab a unique opportunity to advance their skills as they prepare for future careers," said Vetter.

The private-public collaboration has provided a rare opportunity for the analysis of a diverse set of antibodies to help identify the best candidates for therapeutic, diagnostic or research purposes. This unique approach emphasizes the significant impact that this collaboration will have on advancing the field of drug discovery and development.

"Research conducted by faculty members in pharmaceutical sciences continues to place NDSU at the forefront of opportunities that can lead to results that make a difference in disease treatment and prevention," said Dr. Charles D. Peterson, dean of the School of Pharmacy and College of Health Professions at NDSU.

NDSU School of Pharmacy

Tools Available To Inspire Future Pharmacists

By Carol Renner, Office of the Dean, Marketing/Communication Lead, NDSU College of Health Professions



Pharmacy alumni from North Dakota State University provide outreach in their communities in many different ways. For pharmacists wanting to inspire the next generation of professionals, NDSU School of Pharmacy provides materials for checkout to help spread the word about the many paths available in the field of pharmacy.

As part of recruitment efforts in the NDSU School of Pharmacy, faculty and students are participating in career exploration opportunities with high school students in the region.

A team led by co-directors of recruitment Dr. Jeanne Frenzel and Dr. Lisa Richter in the School of Pharmacy created tools that also could be used by NDSU alumni who want to share information with high school students in their communities about pharmacy as a career.

TOOLS AVAILABLE INCLUDE:

- Digital booklet that highlights students, alumni, and student organizations of the NDSU pharmacy program. The digital file is available for download.
- Powerpoint presentation covering Why Choose Pharmacy at NDSU?
- Pharmacy Escape Room trunk with activity guide and the material needed to compound a nonprescription scented lotion with students, available for check-out
- A downloadable guide to the NDSU School of Pharmacy Early Admission Pathway
- Downloadable fact sheet listing more than 100 careers in pharmacy
- Link to YouTube playlist with NDSU Pharmacy videos at https://bit.ly/3Cdi7L2

Faculty and students are visiting area high schools during the 2022-23 school year to discuss with students how a pharmacy career may be the right fit for them. For information about NDSU Pharmacy recruitment materials, contact Jeanne.Frenzel@ndsu.edu or Lisa.Richter.1@ndsu.edu.

Membership has its benefits

NDPHA IS NOW AN AUTHORIZED RESELLER OF TRC HEALTHCARE, OFFERING SAVINGS ON THE REFERENCES YOU USE EVERY DAY

Included in the Bundle:

- Pharmacist's Letter
- Pharmacy Technician's Letter
- Learning Management Portal
- Natural Medicines
- Immunization Package

Contact Mike Schwab to sign up.

mschwab@nodakpharmacy.net

701.258.4968

ONLY \$360 PER PHARMACY

All staff gain access!

trc healthcare



Student Rotation Article - Rebecca Aubart

Pharmacy Services & Technology Innovation in North Dakota

By Rebecca Aubart, PharmD Candidate 2023

Technology in the pharmacy has always been an important part of the workflow. Today now more than ever, new innovations are transforming how pharmacists and technicians serve their patients and run their businesses. Pharmacies around North Dakota are taking advantaging of cutting edge software, dispensing and packaging robotics, compounding technology, and more.

COUNTING AIDS

EyeCon and VIVID provide table top machines used for pill counting. These accurate instruments can improve efficiency in the pharmacy and open up personnel for other kinds of tasks. The every growing area of mobile devices has prompted development of handheld applications such as Pilleye and pillphill. These apps can be downloaded to a mobile devices like a cellphone or tablet. The software uses captured photos to count medications. Unlike physical counting aid machines, the mobile apps do require individual input of drug information to keep a record of that count in the app.

ERROR REPORTING AND QUALITY IMPROVEMENT

Reporting errors and developing quality improvement strategies are valuable aspects of pharmacy practice and business. There are a variety of online reporting systems and software platforms that make these processes easier to track and implement change. The Alliance for Patient Medication Safety (APMS) and Pharmacy Quality Commitment (PQC) both use a continuous quality improvement programs with a web-based interface to track errors to improve workflow and patient safety. The Institute for Safe Medication Practice (ISMP) uses a variety of national level reporting programs including those for medication errors, vaccine errors, and consumer medication errors. They use the reported information to share improvement opportunities to the healthcare community based on trends.

Indian Health Service (IHS) utilizes I-STAR as an adverse events systems. This web-based application allows pharmacy personnel and providers to track quality events with enhanced data analytics to improv care. Incident Response Improvement System (IRIS) is another health system based program integrated into electronic health care records. It is used to manage incident formation and implement feedback fro improvement.

ADAPTABLE ELECTRONIC HEALTHCARE RECORD

As clinical services continue to grow in all settings of pharmacy, the importance of access to healthcare patient data is growing. About the Patient is a program that utilizes MTM Express, an adaptable form of electronic medical record to manage many different aspects of patient care. The About the Patient program puts an emphasis on chronic disease stage management such as diabetes, hypertension, and dyslipidemia. DocStation is a online tool used to integrate patient care activities, documentation, and billing platforms. Pharmacy health data is collected, analyzed, used to predict patient care tasks, and much more. New technology is continually being created to grow pharmacy in this area.

PHARMACIST VERIFICATION

Telepharmacy utilizes the opportunities and abilities pharmacy technicians have in North Dakota. Technicians are also a large part of the force in healthcare systems doing sterile compounding. Products and technology is being used to make these process more efficient and effective. TelePharm is a program that takes pictures of each step in the filling and dispensing process. It enables pill counting, digital prescription verification, and video call patient counseling. TelePharm technology allows for remote pharmacist verification to improve the workflow of telepharmacies. IV room verification involves many steps that also must be checked by a pharmacist. In our healthcare systems, full electronic health care record software has integrated platforms for sterile IV room operations. Dispense Prep and Dispense Check are valuable systems that utilize barcode scanning and process to verify correct procedures in the IV workflow.

Pharmacy Keeper and Med Keeper are robust programs that can manage and store images for verification in the compounding process. They also document compliance type activities such as required trainings, inspections, temp logs, outdate schedules, and more.

OUTDATE AND ITEM RETURN SERVICES

The medication return process is something that can require a significant amount of time and required documentation. Services such as Guaranteed Returns, EZ Returns, Stericycle, and Inmar Intelligence are options for providing these services. There are a variety of aspects to each of these companies that includes prescription medication returns through automation, patient drug takepack and disposal, inventory control, and more.

Student Rotation Article - Ellie Ottensmeyer

The Value of Association Membership: A Student's Perspective

By Ellie Ottensmeyer, P4 Student Pharmacist

The North Dakota Pharmacist Association is a critical entity for preserving and advancing pharmacy practice within the State of North Dakota. Active membership allows for new pharmacists and pharmacists who have been practicing for many years to have an opportunity to unite in order to represent the pharmacy practice. The mufti-faceted role of the pharmacy association bundles high value concepts and initiatives, such as:

- Drafting legislation that reflects the best interest of pharmacists who practice within the state, and lobbying for that legislation to become law
- Recognizing bills that are introduced that may jeopardize the standard of pharmacy practice that is present in the state of North Dakota; and actively responding to potentially alter outcomes of that bill
- Supporting practice advancement in multiple avenues: grant involvement and new program initiatives, drafting high value legislation, management of pharmacist programs such as About the Patient, and fiscal program management for smaller pharmacy associations or non-profit groups
- Foundational relationship building and management with key stakeholders within the state of North Dakota
- Readily sharing resources to help pharmacists within the state understand current issues or topics that center around pharmacy practice
- Improving pharmacist access to the closeknit network of practicing pharmacists within the state
- Investing in future pharmacists via scholarship opportunities

A key goal for the association is to ensure that pharmacists are adequately represented within the state, and to improve quality of care and access to pharmacist's unique skill sets. The pharmacy association truly works to highlight the value that pharmacists bring to the health care team; the association has invested in practicing pharmacists and future pharmacists alike. It is crucial for pharmacists to actively join the association to broaden perspective and knowledge of pharmacy practice within the state of North Dakota; and to help support the association which has continuously worked to advance pharmacy practice standards. Patient centered care is a center stone for pharmacy practice; the pharmacy association upholds that standard day in and day out on the behalf of all pharmacists alike. Consider joining the association as a student, new pharmacist, or seasoned pharmacist to help better practice for all pharmacists alike. Contact the association to learn about how to join, benefits of joining, and opportunities to help within the association.



2022 Recipients of the "Bowl of Hygeia" Award



Ronnie E. Opolka Sr.



Kyla Newland



John Saliba



Brenda Dickerson McCrady



Maria Lopez



Joseph Saseen Colorado



Connecticut





Edwin M. Brown Florida



Tommy Whitworth Georgia



Timothy Lehan



Robert Stessman lowa



Randall Smith Kansas



Donnie Riley Kentucky



Minh V. Nguyen



Brad Hamilton Maine



Neil Leikach Maryland



Timothy D. Fensky Massachusetts



Richard I Lucarotti Michigan







Minnesota



Larry Calvert Mississippi



Tim Mitchell



Michael Rivey



Allison DeringAnderson



Christina M. Madison



Jennifer L. Keazer New Hampshire



Mary Barna Bridgeman



Alfredo Vitor Baca New Mexico



Mayank A. Parikh New York



Tiffany Graham Barber North Carolina





James Tallman



Dan Kennedy Oregon



Greg Drew



Patria N. Torres Rodriguez Puerto Rico



Jeffrey Bratherg Rhode Island



John W. Pugh South Carolina



Cari Mack South Dakota



Sheila Mitchell Tennessee



Raymond Carvajal Texas



Elizabeth W. Young Utah



Jeffrey Firlik



Catherine Herbert Cary Virginia



Cynthia A. Clegg



Ginger G. Scott West Virginia



Jeanine Kruege Wisconsin



William (Bill) Wenke







The Bowl of Hygeia award program was originally developed by the A. H. Robins Company to recognize pharmacists across the nation for outstanding service to their communities. Selected through their respective professional pharmacy associations, each of these dedicated individuals has made uniquely personal contributions to a strong, healthy community. We offer our congratulations and thanks for their high example. The American Pharmacists Association Foundation, the National Alliance of State Pharmacy Associations and the state pharmacy associations have assumed responsibility for continuing this prestigious recognition program. All former recipients are encouraged to maintain their linkage to the Bowl of Hygeia by emailing current contact information to awards@naspa.us. The Bowl of Hygeia is on display in the APhA History Hall located in Washington, DC.

NDPhA - 2023 Membership Dues

INVOICE FOR NDPhA MEMBERSHIP

JANUARY 1 - DECEMBER 31, 2023

Sign up or renew On-line at www.nodakpharmacy.net - Select the "JOIN US" tab

If you were referred by a current member, plea	se indicate who:	
ND License #	Name:	
Address:		
City, State, Zip:	Legislative Dist	rict
Email:	Would you like to receive ema	il updates? • Yes • No
PAYMENT (MAIL TO) - NDPhA	A, 1641 Capital Way, Bismarck, ND	58501-2195
Check Enclosed	Amount	
Name on Card:		
Street Address & Zip Code (For Billing Addre	ss):	
Type of Card: ○ Visa ○ Mastercard C	redit Card #:	
Expiration Date:	CVV # (Three digit code on ba	ack)
MEM	BERSHIP CATEGORIES	
Active Pharmacist (ND Licensed Pharmacist)		\$150.00
Associate Pharmacist (Living outside ND)		\$50
Corporate (Up to 5 Active Memberships)		\$750
Student Pharmacist		(No Fee)
Business Associate (Business Interest in Head	thCare)	\$500
Th	ank uoul	
	ank you! —	

Thank you for supporting North Dakota Pharmacist Association. We wouldn't be where we are today without your support!



1641 Capitol Way Bismarck, ND 58501-2195 Presorted Standard US Postage PAID Mailed from 58504 Permit #256

FROM BOWMAN TO CROSBY, WALHALLA TO FORMAN, AND EVERYWHERE IN BETWEEN DAKOTA DRUG IS THERE FOR YOU.



Dakota Drug is the only wholesaler you need:

- Pharmaceuticals
- Over-the-Counter products
- Cosmetic Products
- Vitamins & Dietary Supplements
 Optional Promotional Programs
- Durable Medical Equipment
- Giftware
- Weekly Profit Tips

Two locations to serve you better:

4121 12th Avenue NW Fargo, ND 58102

ph: (701) 298-9026

fax: (701) 298-9056

1101 Lund Blvd Anoka, MN 55303

ph: (800) 437-2018

fax: (763) 421-0661

Online at www.DakDrug.com



Give us a call at (701) 298-9026 or (800) 437-2018



YOUR PARTNER FOR SUCCESS. MOVING BUSINESS FORWARD.