

Katy's Kids – New and Improved!

Katy's Kids is a community education program presented by pharmacists and student pharmacists to kindergarten – 2nd grade students. *Katy the Kangaroo* has visited hundreds of classrooms across the country to present *Katy's Kids* and teach children about medication safety since 1988.

Katy's Kids has been updated to meet the needs of 21st century classrooms. The program's goals, however, are unchanged. *Katy's Kids* is designed to increase the health literacy and the knowledge of medicine safety within a community. Along with *Katy the Kangaroo*, pharmacists and student pharmacists teach children about medicine and its proper use. The six main objectives taught through the *Katy's Kids* program are:

- 1) Medicine can be dangerous if not taken correctly,
- 2) Pharmacists are medicine experts,
- 3) Medicine is NOT candy,
- 4) Never take medicine meant for someone else,
- 5) Medicine should be taken only when you are sick or to keep you well,
- 6) Only your parents or adults you know should give you medicine.

Katy's Kids has been a successful program across the country since 1988; it has been presented in over 30 states to more than 50,000 children. The updated *Katy's Kids* program is available for pharmacists and student pharmacists to present to community grade schools. A new website www.katyskids.com has been developed that has all presenter materials, teacher information, and student activities available for download. A new video has also been produced and is available in DVD format. If you are interested in presenting *Katy's Kids* to a school in your community please visit www.katyskids.com or contact Mike Schwab at the North Dakota Pharmacists Association, 1641 Capitol Way, Bismarck ND 58501 Ph: 701-258-4968 or email: mschwab@nodakpharmacy.net.