

continuing education quiz: patient counseling
Natural Products: Burdock to Vitamin B-2

- A request for which of the following items signifies that the person is looking for burdock?
 - Beggar's buttons
 - Box holly
 - Jew's myrtle
 - Kneeholm
- An allergic reaction to burdock is LEAST likely to occur in persons hypersensitive to which of the following flowers?
 - Chrysanthemums
 - Daisies
 - Marigolds
 - Roses
- The portions of butcher's broom used in herbal medicine are the rhizomes which refer to the herb's:
 - freshly picked stems.
 - above ground roots.
 - dried leaves.
 - blooming flowers.
- Butcher's broom is claimed to be useful for supportive therapy for all of the following EXCEPT:
 - leg cramps.
 - peripheral vascular disease.
 - anorexia nervosa.
 - itching of hemorrhoids.
- A deficiency of vitamin B-1 is called:
 - rickets.
 - beriberi.
 - scurvy.
 - pellegra.
- The early warning signs of vitamin B-1 deficiency include all of the following EXCEPT:
 - anorexia.
 - easy fatigue.
 - vomiting.
 - weight gain.
- The typical daily dose of vitamin B-1 as a dietary supplement in adults is:
 - 1 to 2 mg.
 - 10 to 20 mg.
 - 25 to 50 mg.
 - 50 to 100 mg.
- Vitamin B-2 is a precursor to which of the following cofactors?
 - ACH and NOREPI
 - cAMP and cGMP
 - FMN and FAD
 - SGOT and SLDH
- A deficiency of vitamin B-2 is called:
 - rickets.
 - beriberi.
 - scurvy.
 - ariboflavinosis.
- Vitamin B-2 deficiency primarily affects all of the following except:
 - the eyes.
 - heart function.
 - mucous membranes.
 - the skin.



Return for Educational Credit

Natural Products: Burdock to Vitamin B-2

August 2004 ACPE NO. 129-047-04-005-H01

The Ohio Pharmacists Foundation Inc and NDSU College of Pharmacy are approved by ACPE as providers of continuing education. To receive 1 1/2 hours (0.15 CEUs) of education credit, complete the following and mail with



Continuing Education Secretary
 College of Pharmacy
 North Dakota State University
 Sudro Hall, Room 123
 Fargo, ND 58105

Name _____

Social Security Number (SSN) _____

Address _____

City _____ State _____

Zip _____

Your SSN will be used to maintain a permanent record of the courses you have taken. Your SSN will be kept confidential and will be used ONLY to identify you at NDSU.

COURSE EVAL	ANSWER SHEET
Evaluation Must Be Completed	
How much time did this lesson take? _____	1. abcd 2. abcd 3. abcd 4. abcd
Today's Date _____	5. abcd 6. abcd 7. abcd 8. abcd 9. abcd
EXPIRATION DATE: 5-	

Learning objectives on first page were addressed. 1 Disagree - 5 Agree

Objective 1	1 2 3 4 5
Objective 2	1 2 3 4 5
Objective 3	1 2 3 4 5
Objective 4	1 2 3 4 5

Material was well organized and clear.	1 2 3 4 5
Content sufficiently covered the topic.	1 2 3 4 5
Material was non-commercial in nature.	1 2 3 4 5